

## Our Policy

At Ysgol Heulfan, we aim to create a secure, happy and stimulating environment within which, each child can develop socially, morally, emotionally, intellectually, and physically. Our children are entitled to a safe and caring school in which they can fulfil their potential. However we acknowledge that bullying can occur and believe that by providing guidance, we can all work together to resolve any bullying issues quickly and successfully, so that all children can enjoy and fully access all the learning experiences that we provide.

**“Children who feel good about themselves are not easy to bully and do not need to bully others”**

A copy of the full school Anti Bullying Policy can be provided upon request to the school secretary.



## Think of a World Without any Bullies

Think of a world without any bullies.  
Think of a world without any fists.  
Think of a world without any anger.  
Think of a world without any of this.

*We sort things out by using mouths and minds*

*We sort things out to make our school all right.*

We want a school full of smiles and friendship.

We want a school where we really care.

We want a school we're not afraid to go to.

We want a school with no bullies there.

*We sort things out by using mouths and minds*

*We sort things out to make our school all right.*

In our school we want to solve our problems.

In our school everyone's to share.

In our school we want a happy playground.

No breaking friends and name calling there.

*We sort things out by using mouths and minds*

*We sort things out to make our school all right.*

**Part of a song written by our children during on of our Anti-Bullying weeks.**

## What is bullying?

Bullying can be:

- Demanding money
- Name calling
- Making threats
- Teasing
- 'Dirty' looks
- Kicking
- Hair pulling
- Pushing
- Hitting
- Making someone do something they don't want to do.

**Bullying is repeated.**

**It is expected that children fall out with each other and they can sometimes be mean too.**

**We aim to deal with anything that makes your child unhappy so please let us know if there are any problems.**



## Recognising the Signs of Bullying

Some signs of bullying may include:

- Your child often loses their dinner money.
- Your child may be sad at bedtime and may cry.
- Clothes or belongings are often damaged.
- Your child may not want to go to school.
- Unexplained cuts or bruises.
- Coming home hungry.
- Frightened to say what is wrong.
- Your child starts bullying brothers or sisters.
- Your child may be unhappy or unusually quiet.

*If your child shows any of these signs make sure you talk together and listen carefully to what is said. It is important that you remain calm and in control; believe your child and take positive steps to help.*

*The above signs may not indicate bullying but it doesn't harm to check!*



## Remember if you have any worries:

Talk to your child.

Contact your child's Class Teacher.

Contact the Head teacher.

We aim to offer an open door policy and will always ensure a member of staff is available to chat with you.

Remember –  
A problem shared is no longer a problem!



## Ysgol Heulfan



## A Parents' Guide to Anti-Bullying

