

Active Wrexham - Virtual Delivery



Timetable



Day	Activity	Time	Location/ Links
Tuesday	Street Dance with Vicky from Urban Fusion	4-5pm	https://zoom.us/j/95266043701 Meeting ID: 952 6604 3701 Passcode: 902397
Wednesday	Yoga with Eve	4-5pm	https://zoom.us/j/93250352696 Meeting ID: 932 5035 2696 Passcode: 157456
	Street Dance with Udoit Dance Foundation	3.30pm — 4:30pm	Facebook Live https://en-gb.facebook.com/udoitdancefoundation/
Friday	Boxing Fitness with Empire Fighting Chance	3-4pm	Instagram Live https://www.instagram.com/empirefightingchance/?hl=en

