



Class 1 Activities

Monday



Have a look at your child's Individual Education Plan (IEP) and see if you can link any to the activities shown below.

We were also encouraging our children to wash their hands. We used this song to help encourage washing hands. You can find this song on you tube:

<https://www.youtube.com/watch?v=dDHJW4r3eIE>

The children in class 1 like to know when it is time to tidy up. We use a tidy up song. You can find this song on You Tube https://www.youtube.com/watch?v=LV1sMws_Ggg

Here are some activities you can complete. I have chosen songs and activities that I know the children like to do in class. Keep Practising you Makaton signs too!!

P.E

Practice your ball skills; can you sit inside and roll a ball to your adult or siblings? Can you go outside and kick a ball, Can you practice your target skills by putting/throwing the ball into the laundry basket or roll it under a chair?

Finger gym

Have fun by threading pasta onto spaghetti, or thread spaghetti through a colander. Get some pegs and carefully pinch them to get you finger muscles working; pinch them and put them on a piece of paper or card. You can even practice your fine motor skills by pulling cello tape from a surface.



Maths

Watch this video on You Tube all about big and small: <https://www.youtube.com/watch?v=XAMtgyiUhlo>

Can you go and find big and small objects in your home or garden?

Most of all, please have lots of fun and stay safe!!
Miss you all!!

If you would like to share the pictures of your child completing these activities, please send them to your child's teacher's hwb email account.

Debbie: taylor5@hwbcymru.net



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Tuesday



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Cooking

Get Healthy by making a fruit salad, can you practice your chopping skills safely by chopping a banana, strawberries, kiwi etc. Can you feel and smell the various fruits? What colours can you see?



Writing

Can your adult print out or draw a picture of different fruits and other ingredients you used for you to colour in with pens, crayons, or pencils? What colours can you see? Can you stay within the shape? Can you write or trace over words used in your cooking session?

Maths

Watch a video on you tube all about different colours: <https://www.youtube.com/watch?v=BGa3AqegRy0>

What colours did you see when you were making your fruit salad? Go on a walk locally (where we are allowed) and look at the different colours in the environment. Can you collect different coloured leaves or sticks and make a colourful nature picture?



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Class 1 Activities Wednesday



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Here are some activities you can complete. I have chosen songs and activities that I know the children like to do in class. Keep Practising you Makaton signs too!!

Have fun together.

Children in class 1 like to get messy by listening to this 'hot cross bun' song on You Tube:

<https://www.youtube.com/watch?v=flNtnqJOOJY> whilst copying the actions with flour on a tray. (Adults may need to clear the floor or put a tablecloth down to catch the flour! But its lots of fun!!)

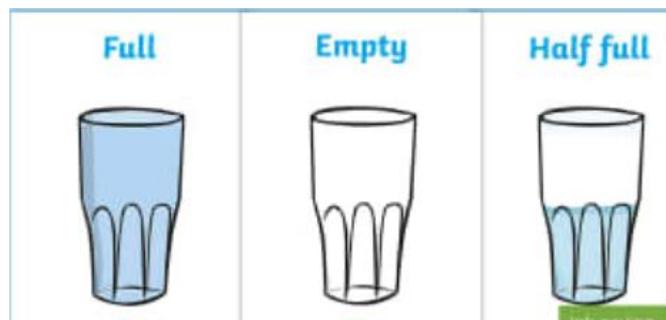
Mark making

Why not mark make in dry rice crispies or cornflakes. Can you use your fingers or a utensil to make circles, wavy lines, etc. Can you use your good pincer grip to pick them up one at a time or use your whole hand to pick a lot up? Can you squeeze your hands hard to crush them up and sprinkle? What does it feel like? Is it soft or hard?



Maths

Can you fill cups, bowls and 'butty boxes' with the rice crispies or cornflakes using your hands or a various sized spoon? Are they full, empty, or half full? Can you use both of your hands to fill them up?



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Class 1 Activities

Thursday



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Get your body moving!

The children in class 1 really enjoy dancing and moving together. Get your adult and dance to our favourite songs on You Tub.

The Hokey Cokey: [Ggghttps://www.youtube.com/watch?v=r6ATJtUCKws](https://www.youtube.com/watch?v=r6ATJtUCKws)

The Conga: <https://www.youtube.com/watch?v=2nHjqATF7uA>

I'm so Happy: <https://www.youtube.com/watch?v=dUXk8Nc5qQ8>

Literacy

Snuggle down and get comfy whilst enjoying looking and listening to a story with your adult. Can you hold the book correctly? Can you turn the pages? Can you make some vocalisations that go with the story? Can you point to characters when asked to find them?

Maths



Build tall and short towers with your Lego or blocks. Can you build them high and knock them down with a crash!! How many blocks have you used? What colours can you see? Can you use both hands to build? Can you make a pattern with the different coloured blocks?

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Class 1 Activities Friday



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Weather walk

Enjoy a walk around your local area. What is the weather like outside? Has it been snowing by you or has it been raining? Before you go for the walk, look at this video on You Tube, we use this everyday during circle time and all the children like to watch it: <https://www.youtube.com/watch?v=rD6FRDd9Hew>

Literacy

Can you make a fan for the wind? Use your fine motor skills to fold a piece of paper up to create a mini fan or you can make some 'snow' by using flour and vegetable oil. Mix up the 2 ingredients together and use your hands or feet to explore, can you make various marks in the 'snow' Or squeeze your hands together to make snowballs?



Maths

Make a rainbow by using a CD, a bowl of water, and a torch. What colours can you see? Can your adult sing 'I can sing a rainbow'?

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Miss you all!!**

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