

Friday 18th February 2022

That's not my Penguin

Language and Literacy

Enjoy the story of That's not my Penguin by Miss Cerys <https://youtu.be/FncPffOmlhk>

Using the following props and joining in with the actions

Tummy Soft And fuzzy		Beak Smooth and shiny (kitchen foil)		Scarf Soft and Silky	
		Hat Furry and woolly		Flipper Tail Welly Boot Smooth and Shiny	

Early Concept Development – Cause and Effect

Use the wings you made below or another lightweight, visually appealing object. Tie the wings or other item to a piece of string and tie it to a washing line or your own washing line.

Encourage your child to swipe/hit the object with their hands or feet and watch the item move. Change the item as required. Reduce prompts and support as appropriate.

Science and Technology - Design and Technology

Make your own set of wings to flap.

Use a piece of cardboard (an unfolded cereal box works really well).

Cut the card into the shape of a wings. It could be any animal you or your child would like it to be.

E.g.

Use craft items you have at home to decorate your wings; then get the wings moving!

Use the wings to:

- Move the wings and encourage your child to look and track the movement
- Waft them in your child's face: 1,2,3 WHOOSH! (anticipation)

Relax together to develop your parent: child relationships: BODY RHYTHMS

Cue in: Who's Got a Body? [I've Got a Body - YouTube](#)

Is everybody ready? You bet your life we are? Play

Most of ALL: Stay safe and HAVE FUN !!!

If you have any pictures or questions, please get in touch

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Body Rhythms

Ensure you listen and watch communications within this session.
Only engage in using movements that are safe and comfortable for
you to complete.

The purpose of this session is to:

- Build relationships with familiar adults
- Ask for 'more'
- Respond to a familiar routine
- Develop body awareness

Different relaxed postural positions are good for this session e.g. on an acheeva, supported on a bench, supported sitting on the floor, supported sitting on a therapy bench.

Introduction: [Whole New World](#)

- Hold hands, stoke face and engage in singing.

Head: [Songbird](#)

- Sit behind and gently raise head in small movements: up, down, left and right.

Face: [Circle of life](#)

- Gentle movements with thumb across nose, forehead and down to chin

Shoulders: [Beauty and the Beast/Tale as old as time](#)

- Gently move shoulders up and down, taking the weight of each arm
- Gently stretching/massaging of arms and hands

Back: [Flying without wings](#)

- Place hands under the small of the back: lifting and tilting hips side to side

Hips: [Kiss the girl](#)

- Gentle rocking/tilting/bouncing of pelvis and hips

Legs: [Hero](#)

- Gently lift legs, ankles and knees in time with breathing

Whole body: [Halo](#)

- Whoosing (moving hands down body) in time with music
- Cupping (cup hands and tap over body) in time with music

Whole Body: [You'll be in my heart](#)

- Rocking and singing

Ending and Transfer: [Cinderella's Dream](#)