

Friday 10th March 2023
What is the Weather Today?
Cold- Ice and Snow

Language and Literacy

Enjoy the story Kipper's Weather together: <https://youtu.be/Fy0DmU9jg54>

Remember your props and to join in with the actions

Mark Making in the Snow

Use shaving foam to make marks

Sing: 1 finger one thumb keep moving.

If your child has hand splints. You can use this song to cu them in to having them on

Explore the 'snow.' (shaving foam)

Encourage your child to use their body parts (fingers/toes or hands/feet or legs and arms) to make marks in the snow. If you have paint or food colouring, you can add this and watch the swirling patterns.

Place a piece of paper over your foamy swirls to get a lovely picture.

Early Concept Development

Ice Cubes

- Shine torch on or under the ice cubes to explore and look in an interesting way
- Play with the ice
- ☐ Bang them together to make a sound
- ☐ Slide across the table
- ☐ Use them on a slope Ready. 1,2,3 GO!
- Etc

Science and Technology – Science

Ice

Choose items from your garden and place in a plastic container.

- Pour over some water
- Make them icy in the freezer
- After a few hours, explore the frost and iced items together.
- It's smooth, smooth and cold, cold, cold!
- Shiver, shake! Shiver, shake!

Relax together to develop your parent: child relationships

Cue in: Who's Got a Body?

Is everybody ready? You bet your life we are?

Aromatherapy

Set the Scene

Ensure your child is in a relaxed position;

Use familiar music [Tranquility by David Sun](#) to set the scene;

Perhaps even dim the lights and put a relaxing focal multicoloured light on

Let your child take the lead

Present a choice of 2 or more creams or oils that are suitable for use.

Allow your child to smell the fragrance they wish.

Engage your child in choosing where they would like a massage.

Does want a massage on your hands or your feet?

Other ideas

You could also encourage a foot spa or even the washing up bowl with fragranced/bubble filled water.

Use textured balls for your child to explore or hold or have rolled over them

Use massage tools with your child

Allow your child to explore textured materials (this could be pieces of old clothes of different textures cut into squares or strips)

Allow your child to indicate their choice for these items, again presenting them with two or more.

Most of ALL: Stay safe and HAVE FUN !!!

If you have any pictures or questions, please get in touch

Cerys

sebestac@hwbcymru.net